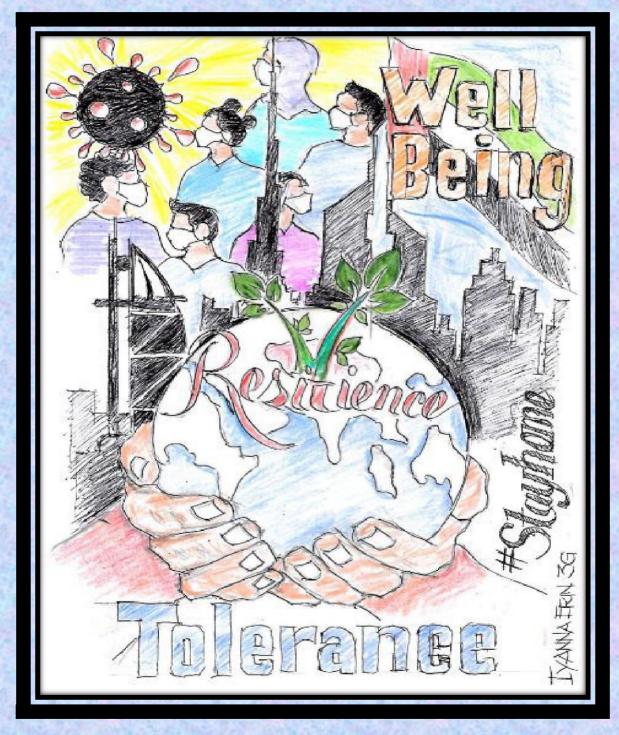


# AIMHIGHPROGRESSTUDYPROGRAMME YEAR3MOVINGTOYEAR4



Cover page designed by: Iyanna Erin Baroma of 3G



#### AIM HIGH PROGRESS STUDY PROGRAMME

Dear Parents,

In our continued endeavour to engage and enrich our students' learning we have developed the Aim High Progress Study Programme (AHPSP) for your child to work on over the summer vacation. The aim of this programme is to keep students in 'learning mode' so that they continue to make progress without any summer learning loss.

Our Aim high summer programme is designed to help students develop values like sustainability, tolerance, morals, values and character through integrated curriculum and community partnerships.

The AHPSP involves Project Based Learning (PBL) which is an approach to education that emphasizes hands on learning with real life implications and independent research skills to find a solution and present in different ways using variety of tools.

Our students also had numerous opportunities in Term 1 and 2 to work on various STEAM projects like VEX robotics, Lego, printing 3D models. They also explored events within and outside school, which enhanced their critical thinking, problem solving, innovation skills and helped develop their character, tolerance and moral values.

In term 3 despite unprecedented situation of pandemic, our students showed resilience; and successfully adapted distance learning program. They responded very well to the series of synchronous and asynchronous lessons. Teachers have used range of new ICT tools to provide stimulating, enriching, engaging and personalised learning experience for all groups of students.

As your child is moving from Year 7 to Year 8, you can look at the Family Learning Newsletters for Year 8 and learn, in advance, about the learning modules, which will be covered in the coming academic year.

Please find the below links for Family Learning Newsletter:

https://www.thewinchesterschool.com/for-parents/family-learning-newsletters/

These are also very useful for new parents. For example, if your child has completed Year 7 in another school, you can look over the Family learning newsletter for Year 7 and map your child's existing learning to what has been completed at The Winchester School, Jebel Ali thus avoiding any gaps.

We hope you will be able to use all these valuable learning resources to support and enrich your child in reaching their full potential. The Winchester School deeply values 'Parents as Partners in Learning.'

Wish you all a very happy and blessed holidays. Enjoy with family and friends. Looking forward to welcoming you back in September.

Yourssincerely,

Sippo

Dr. Ritika Anand Vice Principal

# AIM HIGH PROGRESS STUDY PROGRAMME

#### STREAM

In English we will be learning about "Play Scripts" to help children to become more aware of the world of Theatre and Stage around them and become more confident in presenting themselves on any given platform through role plays and dramas. They will be able to plan and CREATE their own play script to perform in class assemblies. They can verbalise and present their view on different characters and relate to the REAL WORLD by identifying the different people around them and DESCRIBE them and their character traits using adjectives and varied sentence structure.

Objectives: Children learn to read, write and perform play scripts as part of the English and drama curriculum in primary school.

A play script is a piece of writing written for the stage. Your child will learn the following facts about the play scripts they read, write and perform:

- A play script will include a list of characters (at the very beginning).
- It may be divided into acts which are then divided into scenes.
- Each scene will have a description of the setting at the start and then the characters' dialogue.
- Dialogue is set out with the character's name on the left, then a colon then the dialogue (without speech marks).
- · Stage directions for the actors are written every now and again in italics and brackets.



http://kitses.com/animation/swfs/digestion.swf



# Assignment: Digestive System Comic Strip/ Playscript

(Please present in online-friendly forms for example. as a video, as a Power point, using any online comic strip generator, as an animated coded game etc....).

<u>Instructions</u>: You are a piece of food (chicken, burger, an apple, etc). You are about to be eaten by a human! In comic strip form, tell the story of your entire trip through the digestive system, starting with the first bite and ending with your departure from the human.

#### You may choose to make a comic strip or present your tale through a play script.

If you are making a comic strip remember it should include a title square, plus at least 10 story squares. Each square should use both pictures and words to describe your journey.

You can use a comic book app on your iPad, or you can create your own comic strip using art and record it.

For play script follow the guidelines given above.

Your comic strip should include the following vocabulary and concepts:

- Mechanical digestion
- · Chemical digestion
- · Mouth
- · Saliva
- · Epiglottis
- · Esophagus
- · Peristalsis
- · Stomach
- · Small intestine
- · Villi/microvilli
- Large intestine

#### Grading Scale:

- · Comic strip correctly describes all parts of the digestive process.
- · Vocabulary words/concepts are included and used correctly.
- Comic strip includes both pictures and text to describe the digestive process
- Comic strip is coloured.

Use your ICT skills to present the above task in a power point. Be AS CREATIVE AS YOU CAN BEIIIII

Challenge: Some Famous

Playwrights: Use your research skills: Below are

some sites to help you.

https://www.thefamouspeople.com/dramatists-playrights.php

https://www.stagemilk.com/best-playwrights/

https://www.theschoolrun.com/homework-help/william-shakespeare

http://artsalive.ca/en/eth/playwright/

#### https://www.stagemilk.com/best-british-playwrights/

Use the links above to research on some famous playwrights and their work.

Now use your creative intelligence to present information on them and their famous works in the best creative way.

#### **Emirati Playwrights:**



Can we research on prominent Emirati playwrights ????

#### Vocabulary

Improve your vocabulary- Have fun

http://www.vocabulary.co.il/fourth-grade-vocabulary-games/ http://www.keystage2literacy.co.uk/vocabulary.html

# Work on your punctuation using the KUNG FU Style- Explore by clicking.

http://www.youtube.com/watch?v=t1fNGjLkyD0

http://www.bbc.co.uk/skillswise/video/punctuation

http://www.bbc.co.uk/skillswise/game/en29punc-game-beat-the-clock-apostrophes

http://www.bbc.co.uk/skillswise/game/en29punc-game-going-to-work-with-commas











Lesson Objective: To explore the prefixes: 'anti' and 'auto' The suffix 'anti' stands for 'against'
The suffix 'auto' stands for 'self' or 'own.'

Spelling list	<b>L</b> OOK	SAY:	Cover	Write and Check
antiseptic				
anticlockwise	ALSO VICE AND ADDRESS.		The Park Inches	
antifreeze				
automatic				
automobile				
autograph				
auto-correction		V PARTY		3 11 2 2
anticipate		The state of the s	The Park Street	
antibiotic		2007 E-1/2	SAME TO SAME	1985
autofocus				
autobiography	N.S. Salvar	15		
antiwar				

Lesson Objective: To use the words with the <a href="//k/sound-spelled.ch">/k/sound-spelled.ch</a> (Greek origin)
You may choose to learn 5, 7 or 10 words. Look, Say, Cover, and Write & Check.

Spelling list	<b>LOOK</b>	SAY:	Cover	Write and Check
anchor				
ache	The bases			
stomach				
chaos				
echo	THE SECTION		To The Land	
orchid				
character				
anchor				
monarch			BANKS.	
architect				
technology				
chorus				

#### Reading

#### Stories of different genres online:

http://www.storylineonline.net/

https://www.storyjumper.com/book/search

http://www.magickeys.com/books/

http://www.meegenius.com/store/books/free

http://www.childrensbooksonline.org/library.htm

http://www.indypl.org/readytoread/?p=6150

http://magicblox.com/

https://www.oxfordowl.co.uk/reading-owl/find-a-book

#### Books suggested for reading during the Summer Break!

SI. No.	Name of the book	Author
1	Akimbo and the Baboons	Alexander McCall Smith
2	Akimbo and the Snakes	Alexander McCall Smith
3	Who stole the Wizard of Oz?	Avi
4	Beans on the Roof	Betsy Byars
5	I can Blink	Frank Asch
6	Peter Pan	J.M Barrie
7	Chitty Chitty Bang Bang	Ian Fleming
8	The Iron Man	Ted Hughes
9	The Egg Tree	Katherine Milhous
10	Charlie and the Chocolate Factory	Roald Dahl

#### For online literacy games and activities

(We encourage only 20 minutes of online games a day.)

http://www.funenglishgames.com/readinggames/nonfiction.html

http://www.bbc.co.uk/bitesize/ks2/english/

http://www.crickweb.co.uk/ks2literacy.html#







#### The Winchester School - Jebel Ali

#### **Aim High Summer Programme**

Maths - Year 4

<u>Topic – Food / Calorie count</u>

# Working off the Calories

When making food choices, it's very important to think about whether you will be exercising enough to burn off the extra energy that food type provides. Many experts are now calling for food to be labelled with this information to enable people to make healthy choices.

Here are some examples.

Food	Calories	Walk off	Run off
Blueberry muffin	265	48 mins	25 mins
Can of soft drink (non-diet)	138	26 mins	13 mins
Packet of crisps	171	31 mins	16 mins
Packet of peanuts	296	54 mins	28 mins
Chicken Sandwich	445	1 hr 22 mins	42 mins
Quarter of a large pizza	449	1 hr 23 mins	43 mins
Medium hot chocolate	290	53 mins	28 mins
Cereal bar	180	30 mins	14 mins
Small fruit yoghurt	120	22 mins	8 mins
Banana	90	10 mins	5 mins
Standard chocolate bar	229	38 mins	21 mins
One serving of pasta	150	29 mins	18 mins
One medium glass of semi-skimmed milk	50	5 mins	3 mins

# Working off the Calories

#### Challenge

Using the food in the table, design four different meals and calculate the exercise you would need to take in order to burn off the calories from each meal. Remember to decide whether you will be running or walking or both! Show your calculations.

Meal 1	Meal 3	
Meal 2	Meal 4	
á .		

Which meal would be the healthiest choice?

You could also try to find out:

- · if he eats anything else;
- · what TV shows and films he has featured in;
- what doctors say about his health;
- how much the burgers would have cost him.

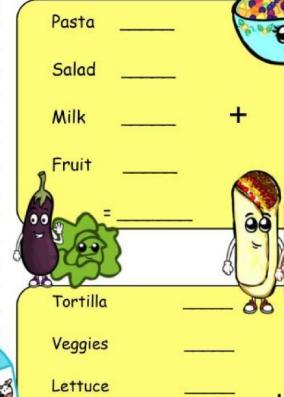
# Dinner Math - Healthy Tasty Meals

Find the calories for each dinner item. Add up the total to see how many calories in these dinner meals.

Food	Amount	Calories	
Apple	1 sliced	15	
Baked Potato	1 small	128	
Fruit	1 cup	50	
Lettuce	1.7 oz	8	
Low Fat Milk	1 cup	105	
Meat	4 oz	186	
Pinto Beans	1/2 cup	120	
Salad	3/4 cup	17	
Salsa	1.2 oz	7	
Steamed Veggies	1/2 cup	32	
Veggie Pizza	1 slice	180	
Whole Wheat Pasta	1/2 cup	174	
Whole Wheat Tortilla	1	130	

Meat \_\_\_\_\_ Baked Potato \_\_\_\_\_ +

Steamed Veggies \_\_\_\_\_ +



Salsa

Pinto Beans



 Veggie Pizza
 \_\_\_\_\_

 Salad
 \_\_\_\_\_

 Sliced Apples
 \_\_\_\_\_\_

 Milk
 \_\_\_\_\_\_

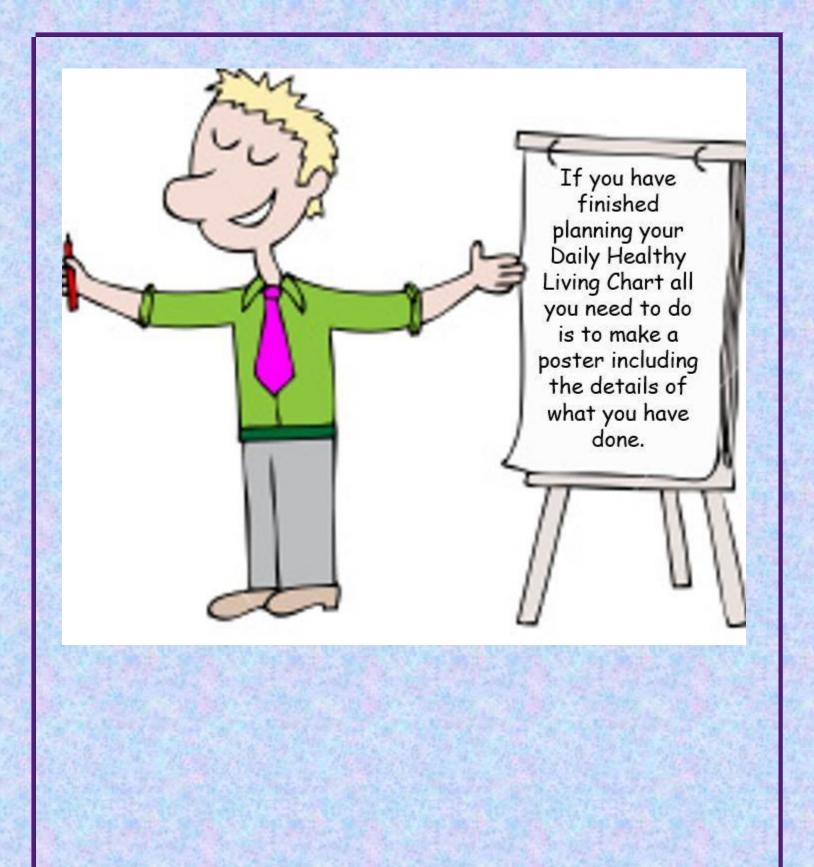
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# RESEARCH CHARLES OF THE PARTY O

Research and create your own **Daily Healthy Living Chart**. Remember to include the calorie count of each food item you consume (check the packets of food items to know the calorie count or else research on the same) and what kind of exercises you do to burn the calories.

Below is a sample given for your reference. You can use your own creativity to make your own daily healthy living chart.







Aim High Progress Study Programme Year 3 going to Year 4 - 2020 - 2021

#### Science

#### Topic - Animals Including Humans

Unit - Digestive System

Students will start to view the body as a system in this grade. One important thing they should start to understand is that in order for their "systems" to properly function, they need energy and materials from food. Though students know they must eat to live, they may not have made the distinct connections between food and the body properly repairing itself, or food and growth; even a connection as simple as a lack of iron or carbohydrates making one tired.

This unit will focus on the digestive system in order to relate the importance of the Digestive System, the role each organ plays, what happens to the food one eats and that undigested food is eliminated.

#### Learning Objective -

To identify the organs of the digestive system and understand its importance.

To demonstrate and explain the basic steps in digestion

To look into a real life problem scenario and suggest ways to solve it.

### Problem

He is looking for a <u>nutritionist!</u> He is wants to share his problem with you so that you can help him.

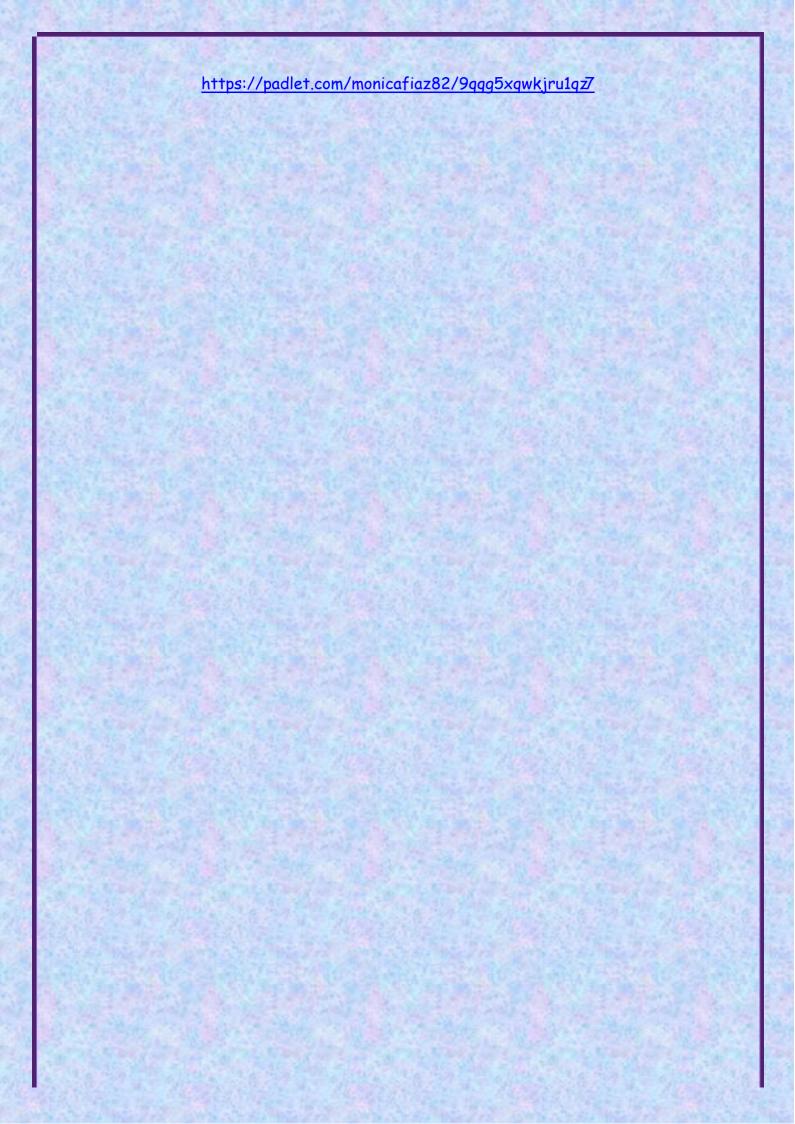
Meet George!

He is unhappy.



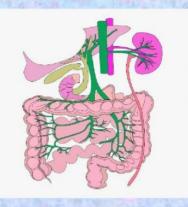
Hey guys! I want to be active like other kids my age.
But I am always tired and lazy. I feel sleepy all the time. I run out of breath very easily and cannot keep up with others when playing. A friend of mine suggested that I should consult a nutritionist for a change in my diet as it can solve my problem of being inactive and fatigued. Can you suggest me some changes in my diet so that I can become more active, healthy and strong?

Go to the Padlet link below and help me by making a health plan for me. Make sure you write your name, class/section before you answer my queries. You can also add pictures and videos to help me understand your suggestions better. Also learn about the digestive system and how it works so that you can become a good nutritionist to me.





What could be the possible effects of a bad diet on George's digestive system and overall health if he does not change his diet? Will his digestive system be able to recover the damage done to its organs?



Let's learn about the organs of human digestive system to answer the big question.



Search



Check out

#### Browse through these for help:

- Fun Facts about the Digestive System:
- http://www.sciencekids.co.nz/sciencefacts/humanbody/digestivesystem.
  html
- > Animated movie about the digestive system:
- > https://www.youtube.com/watch?v=VwrsL-ICZYo
- http://science.nationalgeographic.com/science/health-and-human-body/human-body/digestive-system-article/
- http://www.storyjumper.com/book/index/15251632/Digestive-System#
- > Informative Websites:
- > http://www.enchantedlearning.com/subjects/anatomy/digestive/
- > A few online activities:
- > http://www.softschools.com/science/human body/digestive system/
- https://www.turtlediary.com/game/digestive-system-labeling.html

# Task 1 Create



Learn about the organs of digestive system and their function and create a 3D model of it.

Be as creative as you can while making a 3D model, recycle things around the house. Let's focus on being Environment friendly too.

Click the picture of your 3D model or make a video of yourself making it or explaining what you have learnt and upload it in the padlet link given below.

https://padlet.com/monicafiaz82/jeqijr1685y2gdoi



Present



# Task 1 Investigation



#### Investigate and identify the functions of the

digestive system organs with a simple experiment and complete the task.

Watch the link given for instructions and conduct the experiment as shown and video your presentation.

https://www.stem.org.uk/elibrary/resource/35396/digestive -system-experiment

Have a look at the steps of investigation given below





#### Steps of investigation:

Aim Prediction Materials Fair Test Method Observation Conclusion

Answer these questions on the link given. Do not forget to write you name class and section before you start.

#### https://padlet.com/monicafiaz82/wu1b7y349tdu6jf4

- Q1. What materials were used to represent the following organs?
  - 1. Stomach
  - 2. Small intestine
  - 3. Large intestine

- Q2. Keeping in mind the materials used in the above experiment, write about the function of stomach, small intestine and large intestine.
- Q3. Draw a flowchart for the digestive process showing the journey of food starting from mouth to anus.





#### **Aim High Humanities**

Big Question: To what extent did the Celtic food meet their nutritional requirements and compare it to that of the present day?



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Real life scenario: You entered a time machine designed by a friend and have reached the Celtic era. To make a living you plan to start up a restaurant there. You need to design a menu based on the food choices at that time.

Research: Are the food choices healthy? Are they the same as ours or are they different?





(1)

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http://www.primaryhomeworkhelp.co.uk/celts/food.html

https://en.wikibooks.org/wiki/Wikijunior:Ancient Civilizations/Celts

Task:

Your task is to design a menu based on their food choices. Things to keep in mind:



Use your creative and artistic skills to make it look attractive. Make sure it is a combination of health and taste.

You can take pictures and upload them on the Padlet link below.

https://padlet.com/ambikagupta2/4816j7ubzrv2

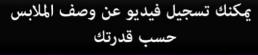
•		

# You can use the following link to record, and upload your video

https://flipgrid.com/40f901eb



You can record a video about clothes according to your ability.













القصير

الملون

الضيق الثم

الرحىص

الواسع

المناسب

الغالي

لطويل

أشاهد

أريد

أختار

ألبس

أشىرى

أفضّ ل

أرتدى

أذه

بعد ذلك

ثم

لذلك

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Record a video in which you talk about what you think of the clothing store

# سجل في ديو تتحدث فيه عن أيك في دكان أل مال بس







الطويل

الثمس

القصبر

الرخيص

الصىق

الواسع

الملون

الغالي

لمناسب

أرتدي

أذه

أريد

أشاهد

أشىري

ختار

أفيضّ ل

ألبس

أفضل ألن

ال أفضل ألن

حسب رأيي أن

أناأعتقدأن

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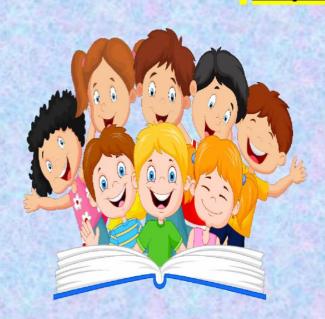


Watch the video and describe your favorite famous Painter to say your opinion about the drawing.

Video

https://yout u.be/soUwiL1 IdRQ

https://www.ireadarabic.com/ar/



Go to
(I Read Arabic)
site to read a convenient

story to your level.

# Dear students on these dates you have to Go to Microsoft Teams to answer the quiz you are requested to do it.

https://forms.office.com/Pages/DesignPage.aspx#FormId=gENNZk1Nw0yUf0PC q4224YS6smQsW\_ZJpBvVBmQ3E-hUQUNO

Links	Target
https://www.youtube.com/watch?v=hEApCv1bleg	Greetings in Arabic
https://www.youtube.com/watch?v=ityVW2gR0Rs	Introduce myself in Arabic
https://www.youtube.com/watch?v=TPjvi1qgZec	Places in Arabic
https://www.youtube.com/watch?v=T-rJz9bR9I8	Arabic vocabulary
https://www.youtube.com/watch?v=JLj0HTE7sgw	Colours in Arabic
https://www.youtube.com/watch?v=2OOdTtyfZhE	Arabic pronouns
https://www.youtube.com/watch?v=viJWRhut9qc	Arabic adjectives
https://www.youtube.com/watch?v=PpzH_8zcsec	Fruits in Arabic
https://www.youtube.com/watch?v=th_BMvgQ2nI	Clothes in Arabic
https://www.youtube.com/watch?v=Rve_6-voC70	Days of the week in Arabic

Watch this video and learn.

Quiz

#### YR 4- AIM HIGH

#### TO BE SUBMITTED ON THE 6th OF SEPTEMBER 2020.

#### 1-the holy Quran:

One of the themes of Surat Al-Burouj is the story of the people of the ditch. Login via the following links and learn about the story of the people of the ditch, explain what are the lessons learned and record it through the flipgrid link.

https://www.youtube.com/watch?v=-kDmiDxh7oo

https://www.youtube.com/watch?v=Ch-fPKO1tzQ

https://flipgrid.com/0640c21d

#### 2- Hadith Shareef:

Listen to the explanation of the noble hadith via the following link, and then answer the given task through Flipgrid link.

https://www.youtube.com/watch?v=xtOs3MpAJWQ

https://flipgrid.com/787433e2

#### 3-Links to watch:

Link	The theme
https://www.youtube.com/watch?v=C1XFxM5ffh8	The importance of masjid.
https://www.youtube.com/watch?v=TZrOu5hKv7U	The manners of Prophet Mohamed.
https://www.youtube.com/watch?v=0Mr0GXUDayQ	How to have good manners.
https://www.youtube.com/watch?v=JjRrOaHKhoM	The manners of Prophet Mohamed.
https://www.youtube.com/watch?v=h46Phu5snSo	The importance of Ramadan.
https://www.youtube.com/watch?v=lm1vovzPHLQ	the morals and Sunnan practices of fasting
https://www.youtube.com/watch?v=cJkeLfH36d0 https://www.youtube.com/watch?v=AkhstBO43u8	The benefits of fasting?
https://www.youtube.com/watch?v=-4Xdw_tniPU https://www.youtube.com/watch?v=JAjQJkkpj9A	The virtues of charity.
https://www.youtube.com/watch?v= r xaV8tFI4	Etiquette Of Giving Charity
https://www.youtube.com/watch?v=iNPeMoNR1Ok	Rewards For Bearing Patience With Examples
https://www.youtube.com/watch?v=ADiTs-ZXuhw	The Virtue of Patience

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قراءة قصص قصرية عىل أن يقدم التلميذ تحلى أدبيل الهذه القصص ويحدد عنارصها الهايسة من خلل اإلجابة عىل األسئلة عىل هذا

https://forms.office.com/Pages/ResponsePage.aspx?id=gENNZk1Nw0yUf0PCq4224dZZGUTwj0ZNp2FT-3ZblnJUNzlaU09MME1XMkFaMkdKTFJIUEhGUUgzVC4u

ا ةيرجع التلميذ إلى موقع) أقرأ بالعربية (ويقرأ قص واحم عيل اللهل أسبوعيا.

https://www.ireadarabic.com/ar/#

كتابة موضوع عن التعلم عن بعد ورأيك الشخ

ص ي عملية التعلم عن بعد، وما أألشياء الين تعلمت ها خلل عن يعد عملية التعلم عن بعد ، وما أألشياء التعلم وما المم ري ي

التعليم عن بعدوالتعليم المبالش؟

تستطيع كتابة الموضوع وإفاقه عيل هذا اللينك مع كتابة االسم والصف أو الكتابة مبالش عيل الموقع

https://padlet.com/esmatbelal/47s0uoqm5z3bm34j

الكتب قص قصري أنت بطلها مع مراعاة اإلسلوب األد ي أثناء الكتابة

ö

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صمم رسالة لصديقك تدعوه لقضاء أسبوعا بدي

قراءة

كتابة

وتحدث استماع

أي ا عمل الرابط السابق قم بتسجىل في ديو لرحلة قمت بهام ع أشتك مع وصف شعورك خلل الرحلة عمل الرحلة عمل الرابط الت المجموعة من نوادر جحا، ثم قم بتسجيلها في من خلل هذه الرابط استمع لمجموعة من نوادر جحا، ثم قم بتسجيلها في من خلل هذه الرابط استم



يقرأ التلميذ مجموعة من القصص ويعيد شدها عىل مسامع والديه. مع والدك عن األشياء الجيدة ال ين تعلمتها خًلل تلك الفية تمرعى العالم) كورونا فريس (وتناقش معه عن اإلجراءات الين تحدث قامت بها دولة اإلم ارات وأعجبتك

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# الصف الرابع

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<mark>لقراءة سورة ) ال</mark> ربوج- 1- قم بتسجيل في ديولك أو صويت المخاشية (

://https://flipgrid.com/7e66cf1e

2-ابحث عن آحاديث ﴿ سُرِي فَ قَحَتْ عَبَلَ ﴾ الرحمة – الفِّق - التسامح (وقم بالشجها بصوتك

اخ ب سبورة بيضاء - تسجبل صو يت - تسجيل في ديو - كتابة تعليق (

مل الرابط التا ي

Ifpmse8rzpwmif6bhttps://padlet.com/essamz\_win/Ifpmse8rzpwmif6b

-3 تعلم الذكار التالية ثم رددها

https://www.youtube.com/watch?v=hAQ7xw64Ja

https://www.youtube.com/watch?v=Ppd5qX\_UOGI

mCdYhttps://www.youtube.com/watch?v=CDcbOt-mCdY

4- قم بف تح الرابط ثم صمم خريطة ذهنية عن األعمال الصالحة بدليل من القرآن

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resourcehttps://wordwall.net/ar/resource/2790898

5- قم بفتح الرابط وأجب عن المسابقة





# Salama Magazine

Dear Parents,

We are delighted to share the overview of Salama Magazine by KHDA to put in your hands the smart application of the magazine safety to students and their parents to encourage children to download it to their tablet devices for entertainment and for what is beneficial to them, to mitigate about them and break the routine they are used to. Through which the student can interact with the contents of the magazine by reading audio stories and games and attending videos about awareness attractive and wonderful for them, it is available in all stores (Apple Store, Play Store, Huawei Store). Use the opportunity to help the children to move beyond the stage of staying at home with what is beneficial to them.





# Short Story Writing Competition Launched!

We are delighted to announce that the Short Story Writing competition is now open! Budding authors can submit their composition on the below link.

The inspiration for 2021 is "Change the Story". We can't wait to see how your students will interpret this in their stories.

You have until **Wednesday 4<sup>th</sup> November 2020** to submit your entries. To register and know more about the competition,

Click Here to Register

If you have any queries regarding competition, please email Dania Droubi, Competitions Manager at <a href="mailto:dania.droubi@emirateslitfest.com">dania.droubi@emirateslitfest.com</a> or <a href="mailto:competitions@emirateslitfest.com">competitions@emirateslitfest.com</a> or <a href="mailto:competitions@emirateslitfest.com">competitions@emirateslitfest.com</a>

The Readers' Cup and Poetry for All Competition will open in September 2020. Watch out for a new competition on Hand Letter writing to be launched soon!









Follow us **@emiratesliffest** for Festival updates





